



Dear Runner,

Thank you for making your steps count by Running for a Life, and for taking *the extra step* to help rescue the lives of babies in Mozambique.

This one extra step means *life* for a baby that had no hope.

And it is as easy as 1-2-3...

1. Print out the following documents and place it in a brown envelope (9"x12")
 - Runner Instruction Sheet (that's this one -- for your reference)
 - Sponsor Information Sheet (to show your friends and family)
 - Sponsor Sign-Up Form (where they indicate how much they want to give- Print several!)
 - The Tessa Grace Information Card (showing what this is all about)
 - Add a business size envelope for collecting the cash/checks
2. Tell all your friends and family about the Run for a Life and invite them to help rescue the babies by sponsoring your race (payment instructions on the Sponsor Information Sheet)
3. Place their cash/checks in the money envelope and keep it in the brown envelope to hand in during the registration time on Race Day

There—your steps just saved another life.
Thank you!

Anita Frederick
CRI- Chicago
anita@childrensrelief.org

